

लोक सेवा आयोग  
नेपाल स्वास्थ्य सेवा, सबै समूह (मेडिसिन समूह), सबै उपसमूह (कार्डियोलोजी उपसमूह),  
अधिकृत नवौं (९) तहको खुला र आन्तरिक प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

यस पाठ्यक्रमलाई दुई भागमा विभाजन गरिएको छ ।  
भाग १ - लिखित परीक्षा  
भाग २ - अन्तर्वार्ता

पूर्णाङ्क : २००  
पूर्णाङ्क : ३०

**परीक्षा योजना (Examination Scheme)**

Paper	Subject	Full Marks	Part	Marks	No. and Weightage of Questions	Time
I	Administration, Management and General Health Issues	75	I Administration and Management	25	5x5=25 ( Short answer)	2.30 hrs
			II General Health Issues	50	2x15=30 (Critical Analysis) 1x20=20 (Critical Analysis And Problem Solving)	
II	Service Specific	125	I General Subject	25	1x15=15 (Critical Analysis ) 1X10=10 (Long Answer)	3.30 hrs
			II Technical Subject	100	4x15=60 ( Critical Analysis) 2x20=40 (Critical Analysis And Problem Solving)	

द्रष्टव्य :

१. यस पाठ्यक्रम अनुसार दुई पत्रको लिखित परीक्षा लिइनेछ ।
२. माथि उल्लिखित सबै समूह/उपसमूहहरूको **प्रथमपत्र**को पाठ्यक्रमको विषयवस्तु एउटै हुनेछ, तर **द्वितीयपत्र** समूह/उपसमूह सम्बन्धी पाठ्यक्रम समूह/उपसमूह अनुरूप फरक फरक हुनेछ ।
३. **प्रथमपत्र** को लिखित परीक्षा समूह/उपसमूहका लागि संयुक्त रूपमा एउटै प्रश्नपत्रबाट एकैदिन वा छुट्टाछुट्टै प्रश्नपत्रबाट छुट्टाछुट्टै दिन पनि हुन सक्नेछ । यसैगरी **द्वितीयपत्र**को परीक्षा पनि समूह/उपसमूह अनुसार एकैदिन वा अलग अलग दिन छुट्टाछुट्टै प्रश्नपत्रबाट हुनेछ ।
४. प्रथमपत्रका Part I को उत्तरपुस्तिका एउटा मात्र हुनेछ भने Part II र द्वितीय पत्रको दुवै Part का लागि प्रत्येक प्रश्नका उत्तरपुस्तिकाहरू छुट्टाछुट्टै हुनेछन् ।
५. लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी अथवा नेपाली र अंग्रेजी दुवै हुन सक्नेछ ।
६. पाठ्यक्रममा भएका यथासंभव सबै पाठ्यांशहरूबाट प्रश्न सोधिनेछन् ।
७. यस पाठ्यक्रममा जे सुकै लेखिएको भएतापनि पाठ्यक्रममा परेका ऐन, नियमहरू, परीक्षाको मिति भन्दा ३ महिना अगाडी (संशोधन भएका वा संशोधित भई हटाईएका वा थप गरी संशोधित भई कायम रहेका) लाई यस पाठ्यक्रममा परेको सम्झनु पर्दछ ।
८. पाठ्यक्रम लागु मिति:- २०७१/०१/२६ गते देखि

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## **Paper I: - Administration, Management and General Health Issues**

### **Part I: Administration and Management**

- 1. Management:**  
Concept, Principles, Functions, Scope and Role, Level and Skills of Managers
- 2. Planning:**  
Concept, Principles, Nature, Types, Instruments, and Steps
- 3. Motivation:**  
Concept, Theories of Motivation, Reasons for low productivity, Techniques of employee motivation
- 4. Leadership:**  
Concept, Functions, Leadership styles, Leadership and Management effectiveness
- 5. Coordination:**  
Concept, Need, Types, Techniques and Approaches of Effective Coordination
- 6. Communication and Counseling:**  
Concept, Communication Processes and Barrier to Effective Communication, Techniques for Improving Communication
- 7. Decision Making:**  
Importance, Types, Rational Process of Decision Making, Problem Solving Techniques, Improving Decision Making
- 8. Participative Management:**  
Concept, Advantages and Disadvantages, Techniques of Participation
- 9. Time Management:**  
Concept, Essential factors and strategies for effective time management
- 10. Conflict Management:**  
Concept Approaches to conflict, Levels of Conflict, Causes of Conflict and Strategies for Conflict Management
- 11. Stress Management:**  
Concept, Causes and sources of stress, Techniques of stress management
- 12. Change Management:**  
Concept, Sources of organizational changes, Resistance to change, Management of resistance to change
- 13. Appreciative Inquiry:**  
Concept, Basic principles and management
- 14. Financial Management:**  
Concept, Approaches, Budget Formulation and Implementation, Auditing and topics related to Fiscal administration
- 15. Human Resource Management:**  
Concept, Functions and different aspects
- 16. Project Management:**  
Concept, Process, Techniques and Approaches

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§ The End §

## **Paper I**

### **Part II: - General Health Issues**

1. Interim Constitution of Nepal – 2007 (Health and welfare issues)
2. National Health Policy, 1991
3. Second long term health plan (1997-2017)
4. Health sector in current five-year plan.
5. Health Service Act 2053, Health Service Regulation 2054
6. Organizational structure of Ministry of Health
7. Current Financial Administration Regulation
8. Health and Human Right including Women's Right, Children's Right, Professional's Right, Client Right and Informed consent.
9. Gender issues and health.
10. Local governance and decentralization in health
11. International health agencies: Role and responsibilities of WHO, UNICEF, UNFPA and interagency relationships.
12. Professional council and related regulations
13. Medical ethics
14. Health institution development and management issues
15. Health manpower recruitment and development issues
16. Continuous medical education
17. National health training system
18. Indigenous & traditional faith healing & health practices
19. Supervision, types and its usage in Health Sector
20. Monitoring and Evaluation System in Health
21. Health Management Information System
22. Health planning at district level
23. Health insurance and financing in Health Care.

§The End §