

लोक सेवा आयोग  
नेपाल स्वास्थ्य सेवा, जनरल नर्सिङ समूह, अधिकृत सातौं तह पदको खुला र आन्तरिक प्रतियोगितात्मक लिखित  
परीक्षाको पाठ्यक्रम  
द्वितीय पत्र :- जनरल नर्सिङ सम्बन्धी विषय

### Section A - 20 Marks

- 1. Advanced Nursing** **10%**
- 1.1 Developmental tasks of different age groups
  - 1.2 Problem solving approach in care of patient
  - 1.3 Application of holistic approach in care of patient
  - 1.4 Advancement in the diagnostic procedures for different illnesses
  - 1.5 Case study and case presentation
- 3. Nursing care of geriatric and Communicable diseases** **10%**
- 3.1 Physiological changes and common physical problems.
  - 3.2 Common medical problems
  - 3.3 Cognitive changes and diagnostic methods in use.
  - 3.4 Support system / family support / community support.
  - 3.5 Mental preparation for adaptations to changing needs.
  - 3.6 Water borne diseases
  - 3.7 Air borne diseases
  - 3.8 Vector transmission
  - 3.9 (STI) Sexual Transmitted Infection
  - 3.10 Trans placental diseases

### Section B - 30 Marks

- 2. Medical Surgical Nursing (Adult+ Child ) Nursing Care & Management of clients suffering with diseases related to following systems** **30%**
- 2.1 Respiratory problems
  - 2.2 Cardiovascular problems
  - 2.3 Neurological problems
  - 2.4 Muscular-Skeletal problems
  - 2.5 Hepatobiliary problems
  - 2.6 Endocrine problems
  - 2.7 Gastrointestinal problems
  - 2.8 Reproductive problems
  - 2.9 Genital urinary problems
  - 2.10 Special Senses problems

**Section C - 20 Marks**

- 4. Nursing Management of Patient in Burn Unit and OT** **10%**
- 4.1 Pain Management
  - 4.2 Fluid & electrolyte balance
  - 4.3 Infection preventions
  - 4.4 Reconstructive / Rehabilitation.
  - 4.5 Preparation of OT
  - 4.6 Pre and Post OT. care
- 5. Role of the Nurse in ICU/ CCU and Emergency Nursing** **10%**
- 5.1 Advance nursing
  - 5.2 Management of clients with critical conditions / cardiac conditions
  - 5.3 Resuscitation
  - 5.3 Use of various monitors
  - 5.4 Specific Investigation and treatment.
  - 5.5 Emergency preparedness
  - 5.6 Emergency Resuscitations
  - 5.7 Mass casualty management

**Section D - 30 Marks**

- 6. Obstetric Nursing (Midwifery)** **30%**
- 6.1 Parental Nursing
    - 6.1.1 Preconception and parental Preparedness
    - 6.1.2 Prenatal assessment and management
    - 6.1.3 Preparation of child birth
    - 6.1.4 Management of High risk pregnancy
  - 6.2. Intra- natal (Labor)
    - 6.2.1 Assessment of client during Labor
    - 6.2.2 Care required during different stages of Labor
    - 6.2.3 Immediate care of new born / mother
    - 6.2.2 Management of complications of labor.
  - 6.3 Newborn / Neonate Management
    - 6.3.1 Assessment of newborn
    - 6.3.2 Physiological needs of a newborn & neonate
    - 6.3.3 Management of minor / major disorders.
  - 6.4 Post Natal
    - 6.4.1 Physiology of puerperium & need of post natal mother.
    - 6.4.2 Lactation & trends in breast feeding
    - 6.4.3 Minor discomforts in puerperium & their management
    - 6.4.4 Major disorders of puerperium & their management.
    - 6.4.5 Follow up and advice on F/P

द्वितीय पत्रको एकाईहरूको प्रश्नसंख्या निम्नानुसार हुनेछ

द्वितीय पत्रका खण्ड	A	B	C	D		
द्वितीय पत्रका एकाई	1	3	2	4	5	6
प्रश्न संख्या	1	1	3	1	1	3

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विषयगत नमूना प्रश्नहरू (Sample questions)

1. Mrs. A came with severe chest pain and pain radiation left arm in Out Patient Department.
  - a) How would you assess her condition?
  - b) Write her provisional diagnosis.
  - c) Write Nursing care and management of the patient. 2+2+6= 10
2. Explain the importance of Fluid and Electrolyte balance in burn injury. 10
3. Write short notes on any two of the followings. 5+5=10
  - a) Resuscitation
  - b) Pain management
  - c) Water borne diseases
  - d) Infection prevention
4. Discuss the High Risk pregnancy and its Nursing management. 10
5. Write short notes on any two of the followings. 5+5=10
  - a) Importance of Apgar score
  - b) Post Abortion care
  - c) Lochea